



**Because YOU Matter!**  
**Trumbull County Wellness Committee**  
**Meeting Summary**  
**Wednesday, June 5, 2019**

The Trumbull County Wellness Committee met on Wednesday, June 5, 2019, in the Trumbull County Commissioners' Hearing Room at 160 High Street, in Warren, Ohio. Those in attendance included:

Jenna Amerine, Trumbull County Combined Health District, Chairperson  
Mitzi Sabella, Commissioners' Grants Office  
Steve Charles, HR  
Angie Mackey, UHC  
Lana Hennings, TCMHRB  
Marge Seyer, JFS  
Debbie Van Winkle, Sanitary Engineer's Office  
Kelly Clarke, TCC  
Barbara Vingle, TC Clerk's Office  
Shakeila Allen, Commissioners' Grants Office - YSU Student Intern  
Richard Jackson, HR Director

Chairperson, Jenna Amerine, called the meeting to order at 3:06 p.m.

**I. Old Business**

Ms. Amerine stated that the Spring into Rally Promotion should continue to be promoted throughout this year. Jenna has flyers to distribute to the county offices.

Wellness Plan:

Ms. Amerine reported on the May Blood Pressure Screenings. She said that they went very well with 80 employees attending between all four locations. She said it ranged from 15 – 30 people at each location with four people (1 from each location) winning a \$15 Giant Eagle Gift Card.

**II. New Business**

Jenna reported that the Niles Wellness Center Board approved the discounted prices for membership for county employees. She stated that a flier stating all the information and discount will send to the employees. She said that the membership is good for one year and employees can sign up at any time.

It was reported that the Farmers' Market began on Tuesday, June 4 and will run every Tuesday from 3 to 6 p.m. on Courthouse Square. Employees need to stop at information booth and sign the sign-in sheet to be put in a monthly raffle.

**II. New Business, continued:**

There was discussion on Lunch and Learn Topics. Angie will ask Mike Merk what subjects he can present. The committee discussed times to have the Lunch and Learns because everyone has staggered lunch times. It was suggested to just schedule one from 12 to 1 and see how it goes. There was also discussion on having a raffle of a gift card for those who attend.

Mr. Jackson stated some county employees are requesting that the Wellness Committee hold a blood drive since there is a shortage in the blood supply. Lana and Jenna will work on this.

**III. Next Meeting**

The next meeting is scheduled for **Wednesday, July 10, 2019, at 3:00 p.m.** in the Commissioners' Hearing Room.

There being no further business, the meeting was adjourned at 4:15 p.m.

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